



Danish Energy
Agency

Save energy

Security of electricity supply in Denmark is under threat. If we are to get through the winter safely, we will have to stand together to save energy. If we all make an effort, together we can make a big difference.



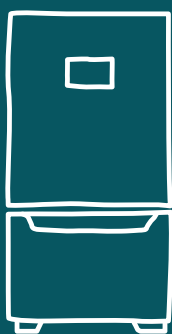
Only boil as much
water as you need



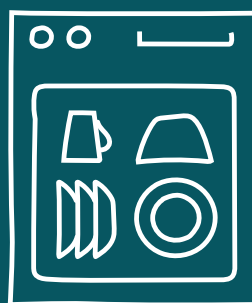
Save hot
water



Switch off
appliances if they are
not being used



Keep your refrigerator
at 5°C and your
freezer at -18°C



Fill up your dishwasher
and wash at a low
temperature

For more information, visit [SparEnergi.dk/arbejdsplads](https://sparenergi.dk/arbejdsplads)



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If possible, use the stairs
instead of the lift

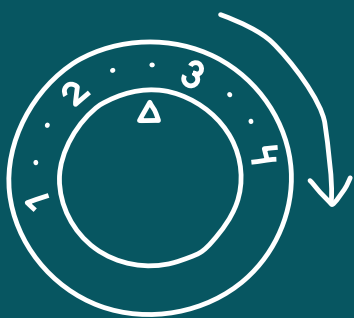
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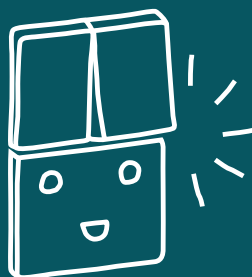
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Heat the room
to only 19 °C



Switch off the
light when you leave
the room



Switch off your
screen when it is
not in use



Turn off the heating,
while you air out
the room



Close the door
when you leave
the room

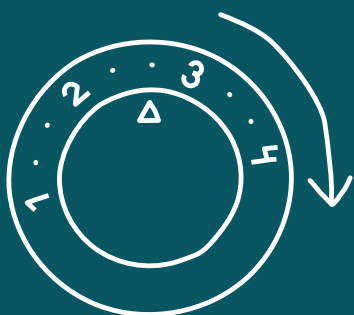
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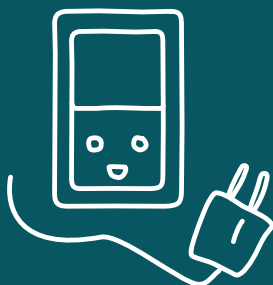
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Heat the room
to only 19 °C



Switch off appliances
and devices when you
go home



Switch off your
screen when it is
not in use



Turn off the heating,
while you air out
the room



Close the door
when you leave
the room

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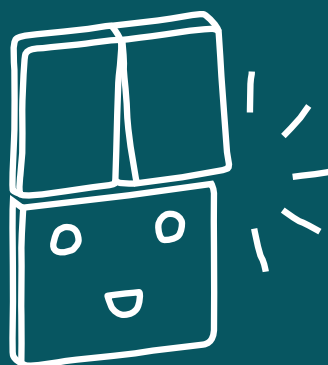
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Wash your hands
in cold water



Switch off the light when
you leave the lavatory

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